

## Art Vocabulary for the Soul Retreat

### General Schedule

#### Friday night

4 - 5 pm Arrive at King's Fold settle into rooms

5:00 pm "Bring Your Own" dinner in the Gathering Room at King's

6:00 clean up dinner and reset up room

6:30 – 9 pm Session 1: Invitation to co-create

#### Saturday

9:00 – 9:45 Session 2: Reflection

Brunch 10 – 11\*

11:00 – 12:00 Session 3: Sending Out to Listen/meditate on what God is saying

12:00 – 3:30 Creating time

3:30 – 4:30 Free Time

Supper 4:30 – 5:30\*

5:30 – 7:00 Creating time / Free Time

7:00 – 8:00 Session 4: Worship – in chapel

8:00 – Hill singing

8:30 – Free time

#### Sunday

9:15 – 9:45 : Reflection

10 – 11 – Brunch\*

11 – 12:30 Creating time

12:30 – 2:00 Ending time in the Chapel

2:00 – 3:00 Clean up and evaluations

\*\* There is a snack bar available for in between the meals\*\*